**StrengthsExplorer Activity**

1. Go to **connection.naviance.com/glencoehs**
2. Login to your Naviance account
   1. Username:

First 4 letters of last name + first initial + last 3 numbers of student ID#

* 1. Password:

Student ID#

1. Under the **About Me** tab at the top, select the **StrengthsExplorer** link from the **My Assessments** category.
2. Read the instructions, including the Quick Tips box on the right.
3. Click on **Ok, Let’s Get Started.** You will be given a few reminders about this assessment.
4. For each question, you have to select how you feel about the statement at the top from the 5 answer options. Select **Next Question** after you answer each.
5. At the end, you will be shown your top 3 Strength Themes – read the Student Resources information on the right side of the screen to learn a little about themes.
   1. **If your screen gives you an error message at the end**: click the **Refresh** button for your internet browser, then click the **Try Again** button that will pop up on your screen. This should bring you to your results page.
6. At the bottom of the themes, click the blue button **See Related Career Pathways.**
7. For each theme, add at least one pathway to your list (you can see more of each theme by clicking the **Show More** button at the bottom of each theme list). This will save it to your account to view later).
8. Spend some time researching the career pathways, or careers within the pathways. You can save any pathway you choose to your profile by selecting the blue button to the right of each listed pathway.
9. When you’re done, click on the **About Me** tab at the top, and select **Journal** under **Interesting things about Me**.

**FLIP TO THE BACK!**

1. Click **Add a New Entry**.
   1. Select **My Plan** from the Type list
   2. Enter **StrengthsExplorer Reflection** as the Subject
   3. Answer the following questions using complete sentences:
      1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_ were my top three Strength Themes. I believe these were my top three because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
      2. I feel most connected to the Strength Theme of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
      3. My Strength Themes relate to my academic/career goals of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in the following ways: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
      4. My Strength Themes relate to my interests/hobbies/talents of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in the following ways: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
      5. The career pathway I explored today that was of biggest interest to me is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Career pathways that I found that were new to me today include: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
      6. The career pathways I selected were related to my Strength Themes in the following ways: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
   4. Click **Add Journal Entry** at the bottom to save this journal entry to your account.